

Des Moines Area Community College

Open SPACE @ DMACC

The Bear Essentials

College Publications

10-18-2021

The Bear Essentials, October 18 2021 Edition

DMACC Student Life

Follow this and additional works at: <https://openspace.dmaccc.edu/beaessentials>

BE

THE BEAR ESSENTIALS

BE involved. BE active. BE informed. BE you.

DMACC STUDENT LIFE WEEKLY NEWSLETTER



DIVERSITY COMMISSION STUDENT SCHOLARSHIP

The DMACC Diversity Commission is awarding **scholarships** for the upcoming spring semester! The scholarship designed for students who actively engage with issues of diversity, equity and/or inclusion. Awards will be given in an amount ranging from **\$100 to \$250 each** and will be distributed to students in the form of gift cards.

The deadline to apply is 4pm on Friday, November 12th.
Learn more and apply [HERE](#).



Register for Spring classes!

Questions? Contact your DMACC advisor, and don't forget that DMACC Registration is here to help, too! You can reach the Registration team at (515) 964-6800 or by emailing registration@dmacc.edu

Credit Class Registration Dates

Browse the entire schedule of available classes [HERE](#).

DMACC CAMPUS REC AND DMACC
STUDENT ACTIVITIES PRESENTS...

glow up
SPORTS

GLOW RUN 5K
THURS. OCT 28
7:00PM

GLOW IN THE DARK
VOLLEYBALL
TUES. NOV. 17
7:00PM

**SIGN UP
TODAY**

ANKENY CAMPUS
MIDTERM

De-Stress
DAY

Wed., Oct. 20th

11 to 1 - Bldg. 5

PICK UP A SNACK!

GRAB A COLORING PAGE!

Enjoy!!

DMACC
STUDENT ACTIVITIES

DMACC West Campus Turns 20!



JOIN US TO CELEBRATE:
**DMACC WEST CAMPUS
20TH ANNIVERSARY**

GAMES | LUNCH | SPIN ART |
COTTON CANDY | POPCORN

THURSDAY, OCTOBER 21ST
11:00AM - 1:00P

FREE TO ATTEND!



For a Roaring 20s Time

20 DMACC west campus years
2001-2021

entertainment by **freddy gazzo**

Help DMACC West Campus
Celebrate its 20th Anniversary!

THURSDAY | **21**
4:00pm to 6:30pm

DMACC West Des Moines Campus | 5959 Grand Avenue, West Des Moines, IA 50266

DMACC west campus
DMACC DES MOINES AREA COMMUNITY COLLEGE
Life's Calling

Lunch and Learn
Presents...



London Study Abroad Information Session!

DMACC offers students an opportunity to take selected classes during the Spring semester London Study Abroad Program. Students enjoy 8 weeks—yes, 8 weeks!—in London studying with a DMACC professor (and this spring it will be our own Ann McBee!) Learn more about this exciting opportunity by attending the informational session offered right here on West Campus! Questions? E-mail Ann McBee at amcbec@dmacc.edu!

Tuesday, October 19th
12:15p - 12:45p
In the Auditorium!

Free lunch and
prizes for all who
attend



DMACC WEST CAMPUS EVENTS!



Club West Meeting

Monday, October 18th
12:15p - 12:45p

Find us in the Auditorium!

It's never too late to join in on the fun!

Free lunch provided for those who attend!



Fellowship Meeting

Wednesday, October 20th
12:15p - 12:45p

Find us in Room 121E!

Fellowship is open to anyone!

Free lunch provided for those who attend!

COME DECORATE A PUMPKIN FOR HALLOWEEN

at the DMACC Carroll Campus



🦇 Limited to the first 50 kids

🦇 Thursday, October 21, 4:00-6:00 p.m.

🦇 Location: Outside, between the current and new building

🦇 906 North Grand Rd, Carroll

🦇 Light snacks provided!

DMACC
DES ARMOINES AREA
COMMUNITY COLLEGE
Life's Calling

DMACC CARROLL CAMPUS EVENTS!



HALLOWEEN COSTUME CONTESTS!

ON TUESDAY, OCTOBER 26TH WEAR A COSTUME TO THE CAMPUS! THE WINNER WILL BE CHOSEN BY OUR JUDGE KATHY- SEE HER IN THE LIBRARY. THE BEST COSTUME WILL WIN

VIRTUAL CONTEST!

MONDAY, 25TH THROUGH SUNDAY 31ST COMMENT A PICTURE ON THIS POST OF YOU IN YOUR COSTUME!

YOU WILL BE ENTERED TO WIN A GIFT CARD!

THERE WILL BE ONE WINNER DRAWN ON NOV 1ST

ENTER IF

YOU DARE!



DMACC URBAN CAMPUS EVENTS!

BREAST CANCER AWARENESS

On October 21st
Wear

PINK 

In support of those affected by Breast Cancer

Visit Bldg. 7 for your
Breast Cancer information
& freebies

9:00am- 12:00pm

Sponsored by SAC Urban: for more
information contact Indavis@dmacc.edu



OneDrive/File Management Workshop

Learn how and where to save your files, including an overview of OneDrive and file management with the "Cloud".

- Access your files from anywhere and how to share live editing of your files with others for group projects.

Date: Wednesday, October 20

Time: 5:30 pm – 6:15 pm

Taught by Professor Priscilla Barrett

Date: Thursday, October 28

Time: 12:00 pm – 12:45 pm

Taught by Professor Loise Gakinya

Register to attend one of the workshops at:

www.dmacc.edu/urban/aac/Pages/workshops.aspx

eSports Leagues & Tournaments

EVENT	REGISTRATION DEADLINE	PLAY BEGINS	PLAY ENDS
NBA 2K Tournament	Wednesday, November 17	Monday, November 29	Monday, November 29
Madden Tournament	Wednesday, November 17	Tuesday, November 30	Tuesday, November 30
Rocket League Tournament	Wednesday, November 17	Wednesday, December 1	Wednesday, December 1
Fort Nite Tournament	Wednesday, November 17	Thursday, December 2	Thursday, December 2

Special Events & Tournaments

EVENT	REGISTRATION DEADLINE	PLAY BEGINS	PLAY ENDS
Halloween Glow Run	Thursday, October 28	Thursday, October 28	Thursday, October 28
3-on-3 Basketball Tournament	Wednesday, November 3	Monday, November 8	Monday, November 8
Pickleball Tournament	Wednesday, November 3	Tuesday, November 9	Tuesday, November 9
Battleship H2O	Wednesday, November 3	Wednesday, November 10	Wednesday, November 10
Retro Game Night	No Registration	Thursday, November 11	Thursday, November 11
Glow in the Dark Volleyball	Wednesday, November 10	Wednesday, November 17	Wednesday, November 17
NCAA Bowl Pick'em	TBD	Monday, December 13	TBD

Andy Nelson
Campus Recreation
arnelson@dmacc.edu



SIGN UP HERE!



ANKENY CAMPUS PUMPKIN CARVING CONTEST

PARTICIPATE & WIN!

SAC
Sponsored by: Student Activities Council

STUDENT ORGANIZATION CONTEST	INDIVIDUAL CONTEST
1ST PLACE - \$125	1ST PLACE - \$75
2ND PLACE - \$100	2ND PLACE - \$50
3RD PLACE - \$75	3RD PLACE - \$25

Stop by the Student Life Office
Bldg. 5 (next to Subway)
to pick up your pumpkin and contest rules!

PUMPKIN PICK-UP BEGINS ON
WED., OCT., 20TH AT 9 AM THRU THURS., OCT. 21ST AT 4 PM
PUMPKINS ARE DUE BACK TO THE
STUDENT LIFE OFFICE
BY 9:00 AM MON., OCT. 25TH

studentinvolvement@dmacc.edu

DMACC
STUDENT ACTIVITIES



DMACC Students - did you know that you are able to get a FREE Trail Point Membership if you are enrolled for 6 + credits this semester? Once you have your membership card, you will have access to free group fitness classes, pool access, weights, cardio, and more. Stop by the Trail Point Membership Desk in Building 5 TODAY or click [HERE!](#)

Questions about your assignments?



Want help getting ready for Midterms?

✓ **Access live DMACC Instructors one-on-one** from the comfort of your home (or anywhere)!

✓ **Free for current DMACC students**



Log on from the DMACC website under "Resources", or on Blackboard "Assist", or <https://www.dmacc.edu/urban/aac/Pages/welcome.aspx>



One Book
One College
One Community

DMACC LIBRARIES

Author Event

Date: November 3, 2021
Time: 12pm
Location: Zoom
[Register](#)

Sponsors
DMACC Libraries, SAC, and Judicial Officer &
Title Nine Coordinator

Personal Agency, the
Creative Process,
and Healing

Chanel Miller, author of
Know My Name

CRIMINAL JUSTICE CLUB FUNDRAISER!



ORDER HERE TODAY!



LONDON

**STUDY IN
AN AMAZING
GLOBAL CITY**

Spring 2022



www.DMACC.edu/StudyAbroad
{Scholarships Available}

JOIN THE ANKENY CHESS CLUB EVERY
WEDNESDAY FROM 10AM-1PM IN BUILDING 5!



Upcoming Mental Health Workshop

STRESS MANAGEMENT

Wed., Oct. 20, 10:10am-11:10am

Identify stress - what it feels like,
where it comes from, how it affects
us - and then explore easy strategies
for managing stress and simple
relaxation techniques.

**Registration Link: [Register](#)
in advance for this meeting.**



GET YOUR FLU SHOT

CAMPUS HEALTH—BLDG. 24

TUESDAY, OCT. 28—11:00AM-1:00PM

SCAN TO REGISTER FOR AN APPOINTMENT >>

- >> If you haven't registered you can the day of from your smartphone or iPads will be available.
- >> Masks are required and social distancing will be enforced.
- >> Only seasonal flu vaccines will be administered.



REGISTER AT:
www.immunizepolk.com

**STUDENT
HEALTH CENTER**
Des Moines Area Community College